



JOURNEYS

Peru

May 3-12, 2010

Join us for a remarkable journey that promises to be life changing and eye opening. Peru is a nation of dramatic history, indigenous culture and great contrasts – from the lush Amazon region to the breath-taking but often stark Andes.

As with all World Neighbors Journeys, you will experience the country in a way you would never know on a traditional tour. We will visit communities in the Apurímac region of the Andes that suffered dramatically during the “Shining Path” conflict of the 1980s and early 1990s and today is slowly recovering from years of great hardship as indigenous communities work with World Neighbors to forge a more promising future.



Summary Itinerary



Day One – May 3
Arrival in Lima

Our group arrives at the end of the day in the capital city of Lima. We will travel from the airport to our lodging in the Miraflores district on the outskirts of Lima.
(<http://www.mirafloresperu.com/en/index.php>)



Day Two – May 4
Exploring Lima & Orientation Day

Today we will have a chance to explore the historic heart of the Lima and get a sense of the country's colonial history.
(<http://www.lonelyplanet.com/peru/lima>)

We will explore the city's historic core, la Plaza de Armas, and will have a buffet lunch at Club de la Unión. We will explore the national cathedral, the catacombs of the Convent of San Francisco, the national government buildings and the fountains of the Magic Circuit of Waters park.

In the evening, our group will have a welcome dinner and an orientation of our time together in Peru. We will return to our hotel in Miraflores at the end of the day.



**Day Three – May 5
Arrival in Andahuaylas**

We will rise early in the morning for our flight from Lima to Andahuaylas where we will begin our program site visits.

In the late morning and early afternoon, we will have a chance to do sight seeing in the area. Known as the *pradera de los celajes*, the prairie of colored clouds, Andahuaylas is the second largest city in the region after the region's capital, Abancay.

<http://www.travelpod.com/travel-blog-city/Peru/Andahuaylas/tpod.html>

In the afternoon we will drive to Chinchero

<http://www.andeantravelweb.com/peru/destinations/cusco/chinchero.html>

Lodging: Chinchero hotel



**Day Four – May 6
Uranmarca Program**

We will depart in the morning from Chinchero and will travel to the Uranmarca Program where World Neighbors is working with 13 communities to address basic needs through an integrated approach.

Farmer Field Schools provide practical training on sustainable agriculture and maximizing use of local resources. The area for greatest learning in recent years has been the mobilization of financial resources as a means to self-financing development activities and improving the circulation of goods and services for improving economic utilities and returns. In this project, World Neighbors is facilitating the creation of savings and credit groups that will provide families with small loans for livestock, seeds or other key agricultural inputs, which in turn enable them to generate economic resources that they can use for priority needs, including health, food, and income.

We will return to our hotel in Chinchero in the late afternoon.



**Day Five – May 7
Chocharaca Program**

Today we continue our visits to current World Neighbors work with a visit to the Cocharcas Program. In addition to agriculture and savings and credit, a key activity is nutrition which is an acute need. Communities in the Apurímac area have some of the highest rates of malnutrition in the Andes – as high as 43% in many communities compared the national average of 25%. We will see how mothers are learning to make better use of

local resources to provide their children a healthier diet. We will learn how this issue is being addressed through an integrated approach that educates mothers on how to improve crop yields and livestock.



**Day Six - May 8
Ongoy and Acción
Andina**

Today we will have a chance to understand the lasting impact of World Neighbors in communities with a visit to the Ongoy Program of former World Neighbors partner Acción Andina. Although we maintain ongoing contact with this former partner, it has become self-sustaining and continues to expand its reach to communities.

We will have a chance for dialogue with the organization's leaders and community members to hear about their ongoing progress and how they meet current challenges.

We will return to Chinchero for our final night in the area.

We will leave Chinchero in the morning for a day-long drive to Cusco. Along the way, we will make stops to see the lagoon of Pachucha, the archaeological sites of Sondor, the stone of Saywite and Tarawasi as well as beautiful views of the Andes throughout the route. We will have lunch in Abancay, the capital of Abancay Province. (<http://www.perutravels.net/peru-travel-guide/apurimac-abancay.htm>)



**Day Seven - May 9
Depart for Cusco**

We will arrive in Cusco by late afternoon and will be staying at Hotel Don Carlos (www.hoteldoncarlos.com)

We now have an opportunity to explore Cusco, Peru's most historically-significant city and capital of the Incan Empire. We will have a day to shop in the open air markets, and visit the archaeological sites of Ssacsayhuaman, Kenko, Puca Pucara and Tambomachay. (<http://www.cusco Peru.com/index.php>)



**Day Eight - May 10
Exploring Cusco**

We will end the day with a group dinner and folklorica show at the Centro Qosqo de Arte Nativo.



**Day Nine - May 11
Machhu Picchu**

Today we will visit one of the magnificent ruins surrounding Cusco. Please note: Due to excessive rains, part of the train track to Machu Picchu was destroyed, with repairs taking at least eight weeks. If it is accessible during our Journey, we will visit Machu Picchu as originally planned. As a contingency, we will visit the ruins of Choquequirao -- considered to be the "sister" to Machu Picchu with a complex of palaces and temples on two levels, canals, aqueducts and systems of fountains - and Cachora, a traditional Andean village.



**Day Ten - May 12
Return to US**

We return to Cusco by the end of the day for a final group dinner and a time for reflection and evaluation of our experience in Peru.

Our Journey ends as our group departs from Cusco to return to the U.S. via Lima or explore other areas in the area.

Journey Costs

\$2,200 per person for all grounds costs including all meals, hotels, flight from Lima to Andahuaylas. To guarantee your reservation, full payment must be received by March 31, 2010.

Airfare to Lima and from Lima to the U.S. is not included in this cost, and must be arranged by the traveler.

Physical Requirements for the Trip

As with all World Neighbors trips, our travelers' safety and comfort is the top concern throughout the Journey. It is important that all Journeys participants check with their physician before going and be up to date on all immunizations before the trip. We will not be doing extensive trekking or hiking, but much of the trip will be at 10,000 feet and higher.

It is important to pack as lightly as possible with one carry-on suitcase and a personal bag because of the space limitations of our flight from Lima to Andahuaylas.

If you are interested in joining this special World Neighbors Journey to Peru please contact Gregg Biggs at 415-648-9577 or gbiggs@wn.org